

**Form 7. Declaration of Inmate Filing**

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*Enter name of court; for example United States District Court for the District Minnesota*

<p>_____</p> <p><i>Enter the plaintiff</i></p> <p>v.</p>
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Case No. \_\_\_\_\_  
*Enter the case number*

\_\_\_\_\_

*Enter the defendant*

I am an inmate confined in an institution. Today, \_\_\_\_\_, I am  
*Enter todays date*  
depositing the \_\_\_\_\_  
*Enter the title of document; for example, "notice of appeal"*

in this case in the institution's internal mail system. First-class postage is being prepaid either by me or by the institution on my behalf.

I declare under penalty of perjury that the foregoing is true and correct (see 28 U.S.C. § 1746; 18 U.S.C. § 1621).

Sign your name here \_\_\_\_\_

Signed on \_\_\_\_\_  
*Enter the date*